

## **The Development of Optical Temperature Sensor Based on the Etched Bragg Gratings**

**Kook-Chan Ahn\***

Department of Mechanical Design Engineering  
Chinju National University, Chinju, Korea 660-758

**Sang-Mae Lee\*\***

Center for Microelectronic Sensors and MEMS  
Department of Electrical & Computer Engineering and Computer Science  
University of Cincinnati, USA

### **Abstract**

An optical temperature sensor based on the etched planar waveguide Bragg grating is developed and its performance is explored using theoretical and experimental methods. The planar waveguide is designed and fabricated using optical lithography and wet chemical etching. An efficient butt coupled optical fiber is used to examine the spectral characteristics of the grating sensor, and to investigate the grating parameters. The typical bandwidth and reflectivity of the surface etched grating has been  $\sim 0.2$  nm and  $\sim 7\%$ , respectively, at a wavelength of  $\sim 1,552$  nm. The temperature-induced wavelength change of the optical sensor is found to be slightly non-linear over  $\sim 200^\circ\text{C}$  temperature range. Theoretical models for the grating response of the sensor based on waveguide and classical laminated plate deformation theories agree with experiments to within acceptable tolerance.

**Key word** : Linear Thermo-optic Effect, Temperature Sensor, Bragg Grating

### **Introduction**

New high-temperature materials such as metal matrix composites (MMCs), ceramic matrix composites (CMCs), and carbon/carbon composites (CCCs) are finding greater use in applications involving advanced aer propulsion systems such as the reusable launch vehicle or the high speed civil transport. Strain gages most commonly used in high temperature measurements are resistance based foil strain gages [1] or capacitance based strain gages [2], and are all limited in operating temperature of less than  $\sim 850^\circ\text{C}$ . The recent entry in high temperature strain sensing field are transducers based on cylindrical optical waveguides (optical fibers) produced from amorphous silica [3] and sapphire [4]. Silica based optical fiber sensors have been demonstrated up to  $1,200^\circ\text{C}$ , while sapphire-based sensors have been demonstrated in temperature regimes near  $1,700^\circ\text{C}$ . While sapphire sensors are attractive for high temperature sensor applications, they face a number of technical challenges. Optical grade sapphire fibers are difficult and expensive to fabricate, and only available in short segments. Additionally, the sapphire fiber sensors utilized the fiber Fabry-Perot interferometer developed show limited promise for multiplexing. The silica-based

---

\* Associate Professor

E-mail : kcahn@chinju.ac.kr, TEL : 055-751-3352, FAX : 055-751-3359

\*\* Researcher

sensors described in Ref. [3] face similar limitations with regard to multiplexing.

In-fiber Bragg grating sensors, on the other hand, have excellent multiplexing potential and therefore it is worth investigating how Bragg grating structures can be used to develop high temperature strain sensors. The kinetics of Bragg grating growth in photosensitive fiber has shown that the temperature stability of in-fiber Bragg grating is different for Type I and Type II gratings, with Type I and Ia gratings being limited to  $\sim 250^\circ\text{C}$  [5] and Type II grating being limited to  $\sim 800^\circ\text{C}$  [6]. The temperature capability of Type II gratings rivals the operational temperature capabilities of traditional resistance and capacitance high temperature strain gages.

This paper describes a preliminary study of Bragg grating sensors etched into planar waveguide structures as a means of increasing the operational temperature range of the gratings, while at the same time preserving the multiplexing capability of Bragg grating sensors. These gratings are created by modifying the waveguide geometry instead of optical properties, and thus it may be possible to use them up to softening point of silica (roughly  $1,200^\circ\text{C}$ ). The fabrication procedures for the proposed Bragg grating sensors can be very controllable, and show promise for cost effective mass production using the same technology employed by the microelectronics industry. These types of grating structures have been used in distributed feedback lasers, grating couplers, modulators, and filters, etc. [7]. As a first step towards developing etched planar waveguide Bragg grating strain sensors, this paper develops mathematical model and fabrication techniques necessary for investigating the optical and mechanical properties.

## Mathematical Background

This basic mathematical foundation will be used to design and perform data analyses of the proposed planar waveguide etched grating sensor. The waveguide geometry of interest in this paper is illustrated in Fig.1, and consists of a germanium doped  $\text{SiO}_2$  core bounded by air above and pure  $\text{SiO}_2$  below.

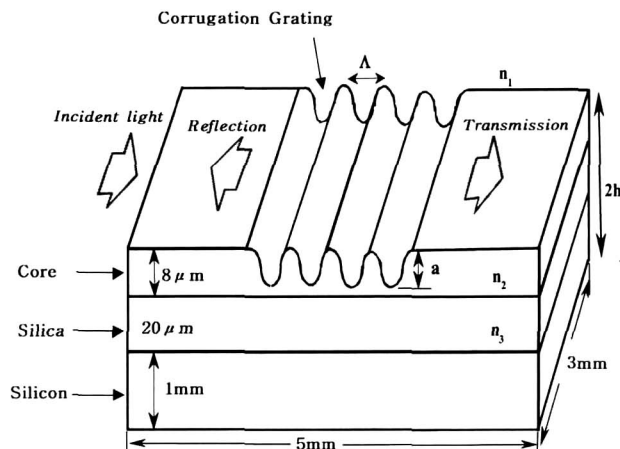


Fig. 1. Diagram of the planar waveguide with surface corrugation grating

This waveguide is fabricated on a silicon substrate. The refractive index of air, core and cladding  $\text{SiO}_2$  layers are denoted by  $n_1$ ,  $n_2$ , and  $n_3$ , respectively and core thickness is given by  $t_g$ . Also seen in Fig. 1 are the etched corrugations of pitch  $\Lambda$  and depth  $a$ .

The most important parameter in the design of Bragg grating in slab waveguides is effective index. This effective index is found in the usual way [8] by solving the wave equation and applying continuity boundary conditions at the respective core/cladding interfaces of the waveguide shown

in Fig.1. The guided modes have propagation constant  $\beta_s$  such that  $k_{0n_3} < \beta_s < k_{0n_2}$ , where  $n_1 < n_3$ . This solution process leads to the following transcendental equation that yields the propagation constant:

$$\tanh t_g = \frac{p+q}{h(1-pq/h^2)} \quad (1)$$

where  $h = (n_y^2 k_0^2 - \beta_s^2)^{1/2}$ ,  $q = (\beta_s^2 - n_1^2 k_0^2)^{1/2}$ ,  $p = (\beta_s^2 - n_3^2 k_0^2)^{1/2}$ , and  $k_0 \cong \omega/c = 2\pi/\lambda$ .

Given a set of refractive indices  $n_1$ ,  $n_2$ , and  $n_3$  and waveguide thickness,  $t_g$ , of the planar waveguide, and source wavelength,  $\lambda$ . Eq. (1) in general yields a number of solutions for the propagation constant,  $\beta_s$ . However, the source wavelength and waveguide thickness are restricted in the present study such that only one propagation mode is supported, and therefore Eq. (1) has only one solution of interest. As a result, the effective index of the waveguide is given by  $n_{eff} = \beta_s \lambda / 2\pi$ .

The corrugated structure into the waveguide leads to a corresponding periodic perturbation of the refractive index distribution. Each groove of the grating acts like a weak mirror, and the cumulative effect of all of the weak reflectors results in a very strong combined reflection centered on what is known as the Bragg wavelength. The Bragg wavelength [8] is related to the effective index calculated above and grating period,  $\Lambda$ ,

$$\lambda_b = 2n_{eff}\Lambda \quad (2)$$

which when expressed in terms of the propagation constant is given by

$$\lambda_b = \beta_s \lambda \Lambda / 2 \quad (3)$$

where  $\lambda_b$  is the Bragg wavelength and  $\lambda$  is the central wavelength of the optical source. The fraction of power couple to the backward-propagation mode ( $-\beta_s$ ), i.e. the grating reflectivity [8] is given by

$$\mathcal{R}_{\max} = \tanh^2(kL) \quad (4)$$

where  $L$  is the length of the Bragg grating and the coupling coefficient is

$k = (\pi h / \lambda_0)(n_2 - n_{eff}) / (2n_{eff} w_{eff}) \cdot n_{eff}$  is the effective index of the waveguide core and  $w_{eff}$  is the effective thickness of the waveguide guiding layer. Eqs. (1) through (4) are used to perform preliminary design of the planar waveguide grating sensor, and to guide the experimental program.

## Fabrication of Sensor

The planar waveguides used in these studies are fabricated by Photonics Integrated Research Inc. (PIRI) using hydrolysis deposition [9]. These waveguides are originally manufactured with an 8  $\mu\text{m}$  thick germanium doped silica core with a 20  $\mu\text{m}$  silica undercladding sitting on top of a 1 mm thick silicon substrate. The refractive indices of the core layer and undercladding layer are 1.4495 and 1.4452 measured at 1.55  $\mu\text{m}$  wavelength, respectively. The waveguide blank is diced parallel or perpendicular to the straight edge of the silicon substrate into 3mm long x 5mm wide waveguides.

Bragg gratings are produced in the planar waveguides using photoresist based optical lithography techniques. This process starts by first spin coating a 50 % dilution of Shipley S1400-17 photoresist onto the surface of the waveguide using 6,000 rev/min for 30 seconds. The resulting  $\sim 220$  nm layer of photoresist is soft baked for 35 min at 96°C to ensure complete removal of thinning solvents. A phase mask printing method is then used to fabricate Bragg gratings [10], as shown in [11].

A phase mask is used to produce two equal amplitude interfering optical beams. The interfering pattern is expanded in size so that interference occurs in a 2 mm smaller diameter circular region. Grating are typically written in planar waveguide coated by exposing the photoresist to the 244 nm UV light for 5 sec to 8 sec with a laser powers ranging from 2 mW to 3 mW. The phase mask used in this study had a pitch of  $0.5278 \mu\text{m}$  and 15.4 % transmission of zeroth order diffraction. This phase mask pitch corresponds to a Bragg wavelength somewhat near 1,550 nm, depending on the effective index of the waveguide. Once exposed, the waveguides are baked for 12 min at  $120^\circ\text{C}$ .

The next step in the grating fabrication process shown in [11] involves developing the photoresist for typically 12 sec with a developer made of one part Shipley Microposit Concentrate and one part deionized water to form resist gratings. The waveguide are then rinsed in deionized water for 30 sec and then blown dry with Nitrogen gas. After developing, the substrates are baked for 30 min at  $120^\circ\text{C}$ , and then are wet-chemically etched for 75 seconds to a depth of 130 nm to 200 nm using bufferd HF [12]. Next, the photoresist is stripped using solvents such as Shipley S1165 remover or acetone.

The gratings investigated here typically have a 537.8 nm period as measured using an Atomic Force Microscopy (AFM) shown in Fig. 2. It was very difficult to obtain a homogeneous grating structure because the zeroth order diffracted beam from the phase mask caused unwanted fringe patterns, resulting from multiple reflections between the waveguide and the phase mask. It is noted that the distance between the phase mask and the waveguide has to be minimized without causing the damage of the phase mask to minimize the above noted multiple reflections.

The final step in the grating sensor fabrication process is to prepare the edges of the waveguides to facilitate coupling light into the sensor and to provide for visual inspection. This is done by first cleaning the diced waveguide with solvents (acetone and methanol) and then blow drying it with nitrogen gas. The waveguide is mounted on a jig with the heat-melt wax and is polished using 1 micron and 0.3 micron aluminum oxide on a polishing wheel rotating at 1,500 rev/min. The polishing is done using 0.1 micron diamond sheet. Visual inspection using a transmission optical microscope is done to control the surface roughness of the waveguide facet. Finally, the polished waveguide is thoroughly cleaned in acetone for 30 min at  $70^\circ\text{C}$  to remove residual wax.

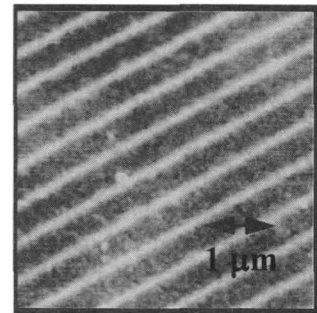


Fig. 2. The etched Bragg grating (AFM)

## Butt Coupling Techniques

The etched grating sensor is interrogated by using a single mode optical fiber to carry the light to and from the sensors. This means that efficient fiber to waveguide coupling techniques must be used. Tolerating type of lowest insertion losses are offset less than  $\pm 2 \mu\text{m}$  and an angular misalignment less than  $0.5^\circ$  [13]. The butt coupling technique used to achieve the efficient fiber to waveguide coupling is shown schematically in [11]. Amplified Spontaneous Emission (ASE) from an Erbium Doped Fiber Amplifier (EDFA) is launched into one arm of a 3 dB coupler fabricated with optical fiber having a mode field diameter of  $9.5 \mu\text{m}$ . One arm of the coupler is index matched to prevent back reflection and the other arm is butt coupled into the waveguide. Light reflected from the waveguide is directed by the 2x2 coupler to an optical spectrum analyzer.

The first step of the alignment process involves replacing the EDFA with a Helium Neon laser and imaging the transmitted near-field beam appearing at the back facet of the waveguide with a CCD camera. The Helium Neon laser is used because its wavelength falls within the spectral bandwidth of the CCD camera. The optical fiber and waveguide are first aligned visually, and then a five degree of freedom monopositioning stage is used to adjust the location and

orientation of the waveguide, while viewing the near field image on a video monitor. This process is stopped when the near-field image intensity is maximized, and its shape symmetric and centrally located. The He-Ne laser is then replaced with an EDFA, and the gap between the optical fiber and waveguide is reduced while monitoring the reflected spectrum in the spectrum analyzer. Optimum positioning is achieved when the spectrum associated with the airgap Fabry-Perot interferometer formed between the optical fiber and waveguide facet is minimized. Index matching liquid is applied to the back facet of the waveguide sensor to prevent a Fabry-Perot cavity from forming between the two waveguide facets.

## Grating Characterization

### Effective Refractive Index Measurements

The exact center wavelength of the grating reflectivity will vary with the effective index of the guided mode, which itself depends on the waveguide dimensions. As part of the grating evaluation process, the effective indices of the slab waveguides were measured using the intermodal spacing in the optical spectra produced by a Fabry-Perot interferometer purposefully formed between the two facets of the waveguide. This effective index [13] is given by

$$n_{eff} = \lambda_0^2 / (2\delta\lambda L_w) \quad (5)$$

where  $\lambda_0$  is the peak emission wavelength,  $\delta\lambda$  is intermodal spacing of the waveguide cavity and  $L_w$  is the length of the cavity. The intermodal spacing of the waveguide cavity is measured using the EDFA in the arrangement shown in [11]. In this case, however, steps are taken to promote Fabry-Perot interference between the two waveguide facets. This involves keeping a  $\sim 1 \mu\text{m}$  gap between the optical fiber lead and front facet, and not using an index matching liquid on the back facet. The resulting optical spectrum is viewed using an Advantest, Model Q8347 optical spectrum analyzer. This particular OSA enables the intermode spacing measurements 0.007nm wavelength resolution.

**Table 1. Summary of the values of the effective refractive indices measured for the waveguides**

Sensor	Waveguide Length $L_w$ (mm)	Intermode Spacing $\delta \lambda_0$ (nm)	Measured Effective Refractive Index $n_{eff}$	Predicted Effective Refractive Index $n_{eff}$	Predicted Bragg Wavelength $\lambda_b$ (nm)	Measured Bragg Wavelength $\lambda_b$ (nm)
1	4.78	0.174	1.4452	1.4464	1555.79	1552.57
2	4.79	0.173	1.4495	1.4464	1555.79	1556.55
3	3.19	0.260	1.4483	1.4464	1555.79	1552.65
4	4.81	0.172	1.4481	1.4464	1555.79	1552.44

Table 1 provides the measured and calculated values of the effective index of the waveguide at room temperature for four of these waveguides. The measured values are determined using Eq. (5) and the calculated values are determined using the results of Eq. (1). Note that these calculations were performed with  $n_1 = 1.0$ ,  $n_2 = 1.4495$ ,  $n_3 = 1.4452$ ,  $t_g = 8.0 \mu\text{m}$ , and  $\lambda_0 = 1,550 \text{ nm}$ . Table 1 also shows the waveguide length (distance between facets), the measured intermodal spacing, the Bragg wavelength calculated using Eq. (3), as well as the measured Bragg wavelength. This data shows that the measured effective indices and Bragg wavelengths of the slab waveguide predicted values agree to within 0.21 %. This difference is most likely attributable to the measurement errors imposed by the spectrum analyzer resolution and variability in the

waveguide thickness. Nevertheless, the data in Table 1 shows that the models developed are sufficient for the purposes of waveguide sensor design and analysis.

### The Reflectivity of the Grating

Fig. 3 shows the reflected spectrum produced by a grating 2 mm long, 200 nm deep (typical values) etched into a planar waveguide.

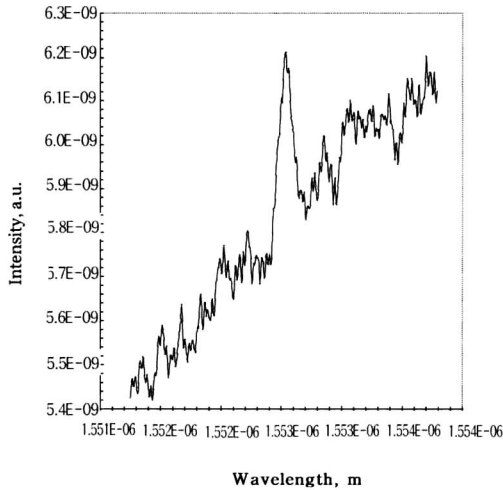


Fig. 3. Reflection spectrum of etched Bragg grating formed on the planar waveguide

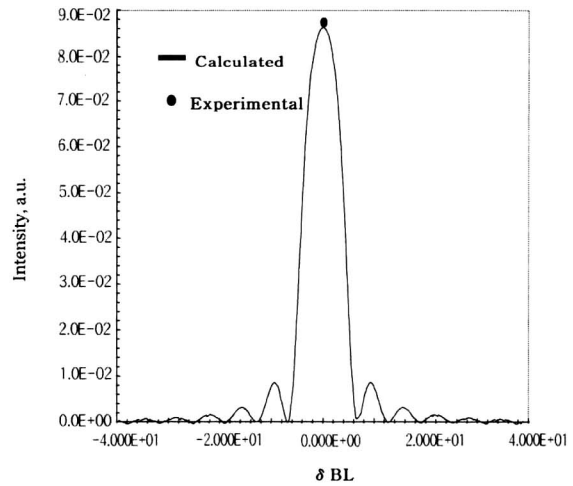


Fig. 4. Comparison of theoretical with measured in reflection spectrum of etched Bragg grating formed on the planar waveguide

The reflected spectrum of the reflection from the planar waveguide gratings generally appeared bifurcated due to geometry-induced birefringence. Therefore, an output fiber polarizer is used to isolate the Bragg condition from one polarization mode. Typical values for the grating bandwidth and reflectivity are 0.2 nm and  $\sim 7\%$ , respectively. The reflectivity of this grating calculated with Eq. (4) and  $L = 2.0$  mm and  $a = 200$  nm is 7.1 %, which agrees with experiments to within 1.4 %, as shown in Fig. 4.

Also noticeable in the spectrum provided in Fig. 3 is small magnitude periodic artifact which is due to the Fabry-Perot cavity formed between the front and back facets of the waveguide. Although this effect was minimized by applying index matching fluid (refractive index, 1.4587) to the back facet of the planar waveguide, a small amount of light still resonated in the cavity due to imperfect index matching. Angle polishing the back facet of the waveguide is planned for future research to reduce Fabry-Perot effects to a larger degree.

### Temperature Sensing

In order to examine temperature-sensing performance of the etched planar waveguide Bragg grating sensor, the planar waveguide Bragg grating was heated with temperature ranging from 20 °C to 200 °C using the heating tape. The resulting spectral shifts in the Bragg wavelength are monitored using the optical spectrum analyzer. A change in the temperature of the planar waveguide causes a shift in the Bragg wavelength due to thermal expansion, and the thermo-optic change in the effective index. The temperature-induced fractional wavelength shift [14] is given by

$$\Delta\lambda_b/\lambda_b = \rho_e \epsilon + \xi \Delta T \quad (6)$$

where  $\varepsilon$  is the thermal strain in the core of the waveguide,  $p_e = .79$  is the strain-optic coefficient for silica, and  $\xi$  is the thermo-optic coefficient of the germanium-doped silica core [14], this functional form for the temperature dependence of the core and cladding refractive indices are used with Eqs. (1) through (3) to calculate the temperature dependent effective thermo-optic response of the waveguide.

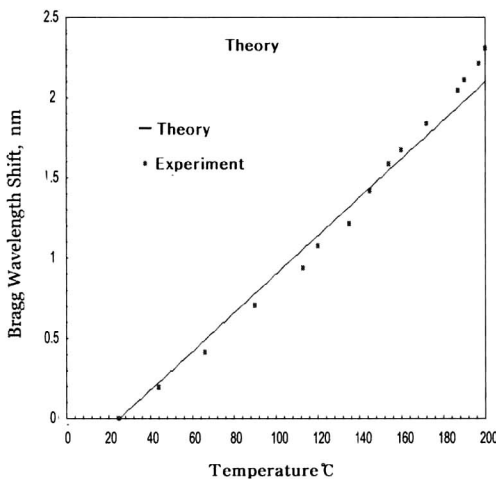
The slab waveguide is composed of two layers of materials with different Young's moduli and coefficients of thermal expansion. As a result, a change in temperature can cause a combination of expansion of expansion and warpage. The degree of warpage will depend on the mismatch in thermomechanical properties and difference in thicknesses. This type of mechanical system can be analyzed using Classical Laminated Plate Theory (CLPT) often utilized in the analysis of laminated composites structures [15]. The incarnation of the CLPT used here is based on the following basic assumptions, (1) the layers within a laminate are considered perfectly bonded, (2) each layer is homogeneous, (3) each layer experiences plane stress conditions only, (4) plane sections remain plane. Following the CLPT approach, the strains on the surface of the waveguide is given by

$$\{\varepsilon\} = \{\bar{\varepsilon}^0\} + z\{\bar{k}\} \quad (7)$$

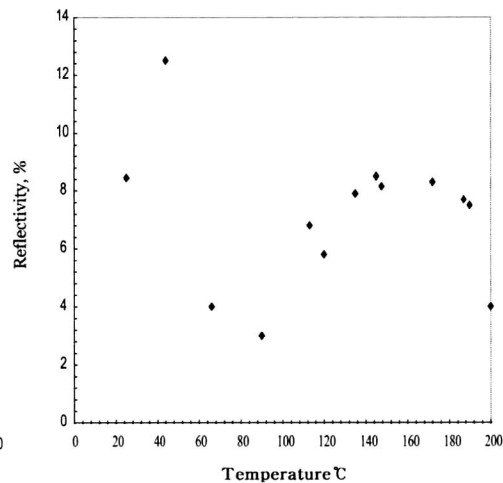
where  $\{\bar{\varepsilon}^0\}$  is the global mid-plane strain,  $\{\bar{k}\}$  is the global curvature, and  $z$  is the distance from the laminate mid-plane to the plane on which the strain is to be calculated. The CLPT can provide details of how the mid-plane strains and curvatures are derived in terms of the Young's moduli, coefficients of thermal expansion and thicknesses of SiO<sub>2</sub> waveguide and the silicon substrates. This analysis assumes that both the silica and silicon has isotropic mechanical properties (Table 2 provides the relevant properties [16]). Even though silicon is known to be anisotropic, the isotropy assumption is sufficient for the present analysis.

**Table 2. Materials properties of the silica and silicon**

Materials	Thermal Expansion Coefficient, $\alpha$ ( $^{\circ}\text{C}$ ) $\times 10^{-6}$	Thermo-Optic Coefficient, $\xi$ ( $^{\circ}\text{C}$ ) $\times 10^{-6}$	Young's Modulus, E(GPa)	Poisson's Ratio, $\nu$
Silica	0.55	8.3	73	0.19
Silicon	2.63	--	190	0.27



**Fig. 5. Comparison of shift in Bragg wavelength induced by temperature change**



**Fig. 6. Variation of reflectivity of Bragg wavelength induced by temperature change**



The material properties in Table 2 are used with Eq. (7) to calculate the thermal strain in the core of the waveguide. This strain is substituted into Eq. (6) to estimate the thermally induced change in the Bragg wavelength. These calculations lead to a proportionality factor of 0.0122 nm/°C between the change in wavelength and temperature, as shown in Fig. 5.

The solid line in this figure is the wavelength response predicted using Eq. (7). Typically, the temperature-induced fractional Bragg wavelength shift measured in this experiment varied linearly and is 0.0132 nm/°C, which is 7.5 % difference than the predicted slope. However, it is hard to compare the measured with the theoretical because the measured results show slightly nonlinear slope. For comparison, the proportionality factor for a ~1,550 nm photorefractive grating written in an optical fiber is 0.0132 nm/°C. Fig. 6 shows the reflectivity at the Bragg wavelength as a function of temperature.

As seen in this figure, the reflectivity increases at temperature, 44°C. Up to about 100°C, the reflectivity is decreased. However, the reflectivity remains stable from 100°C. The origins of this effect are not clear, but a silica overcladding would likely reduce the variability. The spectral bandwidth of the grating was also measured as a function of temperature, as shown in Fig. 7, with no significant variations observed.

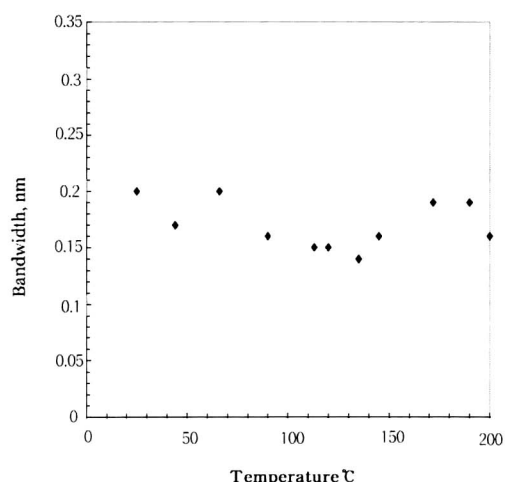


Fig. 7. Bandwidth of Bragg wavelength in etched planar waveguide grating sensor with temperature change

## Conclusions

In this study, an optical temperature sensor based on the etched planar waveguide Bragg grating has demonstrated. Main topics included design and fabrication of the etched planar waveguide Bragg grating, investigation of the grating reflection characteristics, and temperature measurement capabilities. Classical laminated plate theory with linear thermo-optic coefficient was combined in a simple model for the grating temperature response to predict the response of the temperature sensor. These theoretical predictions agreed to within 7.5% of the experimental measurements. This paper has demonstrated only the first step in developing high temperature strain gages and temperature sensors. Then the results provide the fundamental frame work for the fabrication and analysis needed for continued development.

## References

1. J. F. Lei, H. Okimura and J. O. Brittain, *Mat. Sci. Engi.* A111, 145, 1989.
2. E. B. Norris and L. M. Yeakley, *ISA Nat'l Tech. Inform. Serv.*, PB 257, 1976.
3. C. C. Chang, D. Sarrario, L. Kob and J. S. Sirkis, *Proc. SPIE* 2191, 482, 1994.
4. A. Wang, G. Z. Wang, S. Gollapudi, R. G. May, K. A. Murphy and R. O. Claus, *Proc. SPIE* 1798, 56, 1992.
5. T. Ergogan, V. Mizrahi, P. J. Lemaire and D. Monroe, *J. Appl. Phys.* 76, 73, 1994.
6. C. V. Poulsen, *Proc. Photosensitivity and Quadratic Nonlinearity in Glass Waveguides: Fundamentals and Applications*, OSA Technical Digest 22, 100, 1995.
7. H. J. Lee, C. H. Henry, R. F. Kazarinov and K. J. Orlowsky, *Appl. Opt.* 26, 2618, 1987.
8. A. Yariv, *IEEE J. Quantum Electron* 9, 919, 1973.



9. Tatsuo Izawa, Hidefumi More, Yasuji Murakami and Nobuo Shimizu, *J. Appl. Phys. Lett.* 38, 483,1981.
10. W. W. Morey, G. Meltz and W.H. Glenn, *Opt. Lett.* 14, 823, 1989.
11. S. M. Lee, K. C. Ahn and Jim S. Sirkis, *KSME International Journal*, 15, 3, 2001.
12. W. M. Moreau, *Semiconductor Lithography: Principles, Practices, and Materials*, New York: Plenum Press, 646,1988.
13. J. J. Veselka and S. K. Korothy, *IEEE J. Quantum Electron* 22, 930, 1986.
14. W. W. Morey, G. Meltz and W. H. Glenn, *Proc. SPIE* 1169, 98, 1989.
15. S. Takahashi and S. Shibata, *J. Non-Crystall. Solids* 30, 359, 1979.
16. K. E. Petersen, *Proc. IEEE* 70, 420, 1982.